

Treatment List

LivingWell Health Club
 Hilton Cardiff, Kingsway, Cardiff CF10 3HH
 Telephone No. 029 2064 6410
 Email: lucy.richards@hilton.com

Full Body Massage: (55 min) £55

Back, Neck & Shoulder Massage: (25 min) £35

Choose from Elemis Deep Tissue Massage for maximum tension-relieving results or Swedish for an invigorating massage.

Elemis Skin Specific Facial: (55 min) £45

A facial tailored to meet your skins needs. Choose from Fruit Active Glow to Rejuvenate, Exotic Moisture Dew to Hydrate and Herbal Lavender Repair to Deep Cleanse and Heal the skin.

Elemis Aroma Spa Ocean Wrap: (70 min) £50

A seaweed wrap treatment to detoxify and deep cleanse the body. Choose from Cellutox to reduce fluid retention or Musclease to relieve fatigue.

Jessica Pedicure: (60 min) £30

Includes nail shaping, hard skin removal, foot soak, exfoliation, cuticle work, foot massage and nail polish.

Jessica Manicure: (60 min) £27

Includes nail shaping, cuticle work, hand & arm massage and nail polish.

File and Polish: (30 min) £18

Hair Removal:

Half leg wax £15
 Lip or Chin wax £10
 Full leg wax £20
 Full leg & Bikini wax £25
 Bikini wax £10

Eye Care:

Half leg & Bikini wax £20
 Eyebrow wax £9
 Chest or Back wax £20
 Underarm wax £9
 Electrolysis £12
 Eyelash Tint £12
 Eyebrow Tint £10
 Lash & Brow Tint & Shape £20

LivingWell Spa Day

Your Day will include:

- A light lunch in the Razzi Restaurant.
- Complimentary Tea & Coffee.
- Use of Luxury Bathrobes.
- A full day relaxing in our Health Club with a 20 metre stainless steel pool, steam room, sauna, whirl pool spa bath and fully air conditioned gym.
- 10% Discount on Retail Products.
- A guest can use the leisure facilities.
- Guest lunch £15.95.

PLUS choose any of the following fantastic treatments:

- Back, Neck & Shoulder Massage
- Elemis Taster Facial
- Jessica File & Polish - Hands
- Jessica File & Polish - Feet

- 1 treatment £45.00
- 2 treatments £65.00
- 3 treatments £85.00

LIVINGWELL MEMBERS RECEIVE
10% DISCOUNT
 (Excluding Spa Days).

Patch Test is required 24 hours before tinting.

Gift Vouchers are available in any amount.

Cancellation Policy

- Less than 48 hours notice. 50% of the retail price of the treatment
- Less than 24 hours notice. 100% of the retail price of the treatment.

